

# Dress for Success Kit

## 6 tips for your success

Looking your professional best for the interview is essential to making a good impression. It is important not to wear dated items from your wardrobe that impact negatively on your mind set. You need to plan, budget and in some instances you will be required to shop for suitable clothes.

### 1. Research

It is essential that you identify what your work colleagues wear so that your interviewers see you as a 'good fit' within the company. Do your research beforehand and mirror clothes akin to those people in your department.

### 2. Clothing

At a minimum you should wear a well fitted skirt or dress suit, accompanied by a well pressed shirt. Females should consider wearing panty hose. You should accessorise a good quality and suitably sized bag, neat folder, quality pen and matching shoes. If you are having difficulty as a rule of thumb keep it simple.

### 3. Grooming and Makeup

If your hair is not groomed you will not be looking right regardless of your attire. Find a style that suits you and the role you are applying for. If you are young keep it conservative, if you are more mature it helps to keep it short. Avoid excessive facial hair, If you sport a beard or moustache keep it neat. For females, use the bare essential to make up a 'daytime look', avoid excessive amounts of lipstick and makeup.

### 4. The Bare Minimum

Try not reveal too much skin, you may have healthy looking skin but it is still inappropriate to reveal plunging necklines and bare shoulders. Females should also consider open vs closed toe shoes and exercise caution to short skirts, as a rule of thumb a skirt length two fingers above the knee should be left for the night club.

### 5. Accessories

Remember that anything that dangles or is ostentatious should be avoided as it can lead to distracting the interviewer. You should also avoid wearing dated and unclean spectacles, ensure your hands and nails are well manicured, sometimes less is more!

### 6. Hygiene

Sweat marks, body odour, bad breath, crushed clothing and poor hygiene must be avoided and are just as important factors as your CV in attaining your new role.

its all in the detail!

